

Literaturverzeichnis LSP 5 / 2026

Wer trainiert Deutschlands sportliche Zukunft?

Jobstrukturen und Qualifikationsprofile von Trainern im Nachwuchsleistungssport

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Zum Grundverständnis einer Personalentwicklungsstrategie im Leistungssport

Erfassungs- und Argumentationslücken zum Personal, das den langfristige Leistungsaufbau als Prozess der Humankapitalbildung prägt

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Weltstandsanalyse im Klettersport

Tendenzen und Entwicklungen im Kletterspitzensport unter internationalem Aspekt

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Hitze- und Höhenttraining im Leistungssport

Höhe und Hitze individualisieren

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Wie schnell ist schwer genug?

Velocity Based Training - Krafttraining über die Bewegungsgeschwindigkeit steuern

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