

Literaturverzeichnis LSP 4 / 2026

Kognitive Verzerrungen – Selektionsentscheidungen im Nachwuchsleistungssport

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Psychophysiologische Barrieren und kognitive Steuerungsstrategien zur Optimierung der Schwimmleistung

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Krafttraining, Oberkörperfunktion und Trainingsanpassung im Ausdauersport

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