

Literaturverzeichnis LSP 6 / 2025

Gesundheitsrisiko Klimawandel?

Wie sich der Leistungssport auf veränderte Bedingungen einstellen kann.

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Autor: Prof. Dr. Sven Schneider

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Bottom-up-Perspektive auf Führung im Sport

Eine Untersuchung der Anforderungen an Athleten an die Kompetenzen ihrer Trainer

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Autor: Dr. Reinhold Ramesberger

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Führungskompetenz

Eine bislang vernachlässigte Ressource der nachhaltigen Leistungsentwicklung von und für Trainerinnen und Trainer

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Individualisierter Workshop zur Optimierung des Ernährungswissens im Nachwuchsleistungssport

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