

Karsten Knobloch/Susanne Martin-Schmitt

Verhinderung von schwerwiegenden Muskelverletzungen durch *protective balancing*[®]

Ein prospektives Propriozeptions- und Koordinationstraining im Frauenfußballsport

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Die Autoren

Dr. med. Karsten KNOBLOCH, Arzt für Sportmedizin und Rettungsmedizin, Abteilung für Unfallchirurgie (Direktor: Prof. C. Krettek), Medizinische Hochschule Hannover, ist auf dem Gebiet der präventiven Sportmedizin, u.a. *protective balancing*[®] im Kinderfußball, der Achillessehnenforschung und der Leistungsphysiologie aktiv.

Susanne MARTIN-SCHMITT ist Physiotherapeutin der ersten Frauenfußballmannschaft des FC Bayern München, Sportphysiotherapeutin des DSB und DFZ sowie Lehrkraft für Physiotherapie in München.

Anschrift: Dr. med. Karsten Knobloch, Arzt für Sportmedizin und Rettungsmedizin, Klinik für Unfallchirurgie (Direktor: Prof. Christian Krettek), Medizinische Hochschule Hannover, Carl-Neuberg-Str. 1, 30625 Hannover

E-Mail: kknobi@yahoo.com